PRE-PROFESSIONAL PERSONAL STATEMENT OUTLINE
Use this outline to jot down ideas for each section of your personal statement

THEME: Once you have chosen your central topic you will incorporate it throughout your personal statement.

Introduction: (Motivation)
- Open with a hook or anecdote
- Initial inspiration
- Provide context

Body: (Fit and Capacity)
- Action/Experience
- Change
- Insight in change/growth

Paragraph 1: PEEL
*Not all paragraphs will follow the outline in the exact order, but all elements of the outline should be present in each category.

- **Point:** (Introduction to the main point of the paragraph)

- **Evidence:** (Provide evidence to support the point you made)

- **Explain:** (Explain why your evidence is important for this program and/or profession)

- **Link:** (Link this point to the point you’ll make in the next paragraph)
Paragraph 2: PEEL

Point: (Introduction to the main point of the paragraph)

Evidence: (Provide evidence to support the point you made)

Explain: (Explain why your evidence is important for this program and/or profession)

Link: (Link this point to the point you’ll make in the next paragraph)

Paragraph 3: PEEL

Point: (Introduction to the main point of the paragraph)

Evidence: (Provide evidence to support the point you made)

Explain: (Explain why your evidence is important for this program and/or profession)

Link: (Link this point to the point you’ll make in the next paragraph)

Conclusion: (Vision)

Future goals
What impact do you want to have
Conclude by reinforcing your thesis

Tips:

Be clear and concise
Write with a distinct voice
Use examples to go with your statements

Adapted from Emory University “Writing A Personal Statement,” 2018